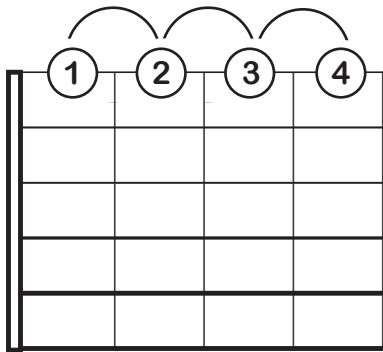


Four Finger Exercises

"Four-Finger" Slurs

Earlier you were introduced to "The Four-Finger Song" as a warm up exercise to help acclimate your hands to the guitar and learn good technique. You can also adapt this exercise to practice slurs and work on finger strengthening.



Moving up the frets, play the fingers in order:
1-2, 2-3, 3-4, 3-4

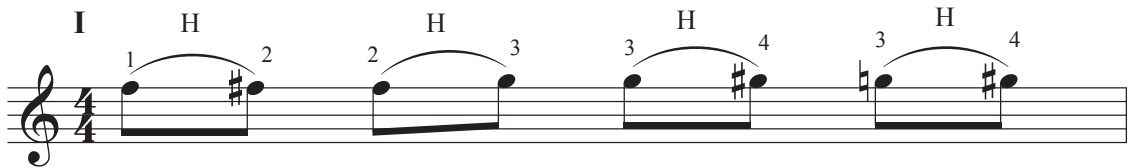
Connect the paired notes with a **hammer on (H)**

Moving down the frets, play the fingers in order:
4-3, 4-3, 3-2, 2-1

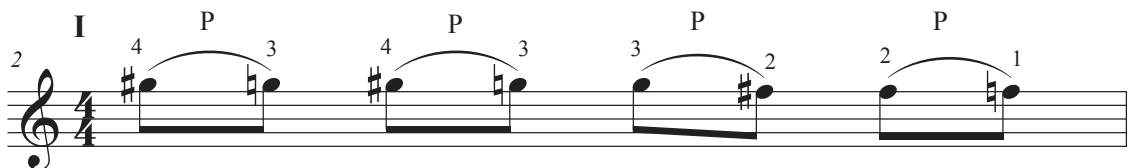
Connect the paired notes with a **pull off (P)**

Repeat the exercise on each string.

Ascending Slurs



Descending Slurs



For the **ascending slurs**: Use a finger of the right hand to pluck the first note of each pair. **Hammer-on** the designated finger of the left hand on the fretboard to produce the second note. To get the best sound, it is not necessary to press down hard with the left hand finger. Instead, focus on speed (land quickly) and precision (land just behind the fret).

For the **descending slurs**, hold down both fingers of each pair: Use a finger of the right hand to pluck the first note, then **pull-off** the left hand finger used for the first note to pluck the second note. When you pull-off, pull slightly down (not just up or off the string), so your left hand finger actually plucks the string.