

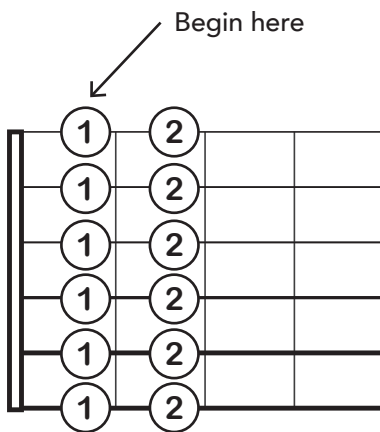
Four Finger Exercises

Four Finger Doubles

The "Walking" Four-Finger Song

Once you have practiced the simple Four Finger Song (using all 4 fingers in the left hand) and can play it well, then try playing the exercise two fingers at a time.

Begin on the top (1st) string as shown.



"Walk" the two fingers down to the bottom (6th) string:

1-2, 1-2, 1-2, 1-2, 1-2, 1-2

Then "walk" them back up from the bottom string to the top.

The purpose of this exercise is to help you develop finger coordination and alternation. Try the exercise with the following finger combinations in the left hand:

Easier	More Difficult	Most Difficult
1-2	2-3	3-4
1-3	2-4	
1-4		

Since you are playing two notes on each string in this exercise, you can practice alternation in the right hand as well.

Try using the following finger combinations in the right hand:

i-m, *i-a*, and *m-a*