

# Lessons from the Psalm Inscriptions

## Appendix: Listing of Psalm Titles

(see last page for Color Highlight Key)

- |    |  |  |
|----|--|--|
| 1  | —  |  |
| 2  | —  |  |
| 3  | A Psalm of David when he fled from Absalom his son.  |  |
|    |  | מְזֻמָּר לְדָוִד בְּכַרְחוֹ מִפְּנֵי אַבְשָׁלוֹם בְּנֹוֹ: 3:1                |
| 4  | To the Chief Musician with Stringed Instruments. A Psalm of David.                         |  |
|    |  | לְמִנְצַח בְּנִינֹוֹת מְזֻמָּר לְדָוִד: 4:1                                  |
| 5  | To the Chief Musician <i>played</i> upon the Flutes. A Psalm of David.                     |  |
|    |  | לְמִנְצַח אֶל־הַנְּחִילֹוֹת מְזֻמָּר לְדָוִד: 5:1                            |
| 6  | To the Chief Musician with Stringed Instruments. According to Sheminith. A Psalm of David. |  |
|    |  | לְמִנְצַח בְּנִינֹוֹת עַל־הַשְּׁמִינִית מְזֻמָּר לְדָוִד: 6:1                |
| 7  | A Shiggaion of David which he sang to Yahweh concerning the words of Cush, a Benjamite.    |  |
|    |  | שִׁגְיוֹן לְדָוִד אֲשֶׁר־שָׁר לַיהוָה עַל־דְּבָרֵי־כּוּשׁ בֶּן־יְמִינִי: 7:1 |
| 8  | To the Chief Musician <i>played</i> upon the Gittith. A Psalm of David.                    |  |
|    |  | לְמִנְצַח עַל־הַגִּיטִית מְזֻמָּר לְדָוִד: 8:1                               |
| 9  | To the Chief Musician. To the tune Muth-labben. A Psalm of David.                          |  |
|    |  | לְמִנְצַח עַל־מִוֹת לְבָן מְזֻמָּר לְדָוִד: 9:1                              |
| 10 | —  |  |
| 11 | To the Chief Musician. <i>Ascribed</i> to David.   |  |
|    |  | לְמִנְצַח לְדָוִד 11:1   |
| 12 | To the Chief Musician. According to Sheminith. A Psalm of David.                           |  |
|    |  | לְמִנְצַח עַל־הַשְּׁמִינִית מְזֻמָּר לְדָוִד: 12:1                           |

13	To the Chief Musician. A Psalm of David.	לְמִנְצַח מְזֻמֹּר לְדָוִד: 13:1
14	To the Chief Musician. <i>Ascribed</i> to David.	לְמִנְצַח לְדָוִד 14:1
15	A Psalm of David.	מְזֻמֹּר לְדָוִד 15:1
16	A Michtam of David.	מִכְתָּם לְדָוִד 16:1
17	A Prayer of David.	תְּפִלָּה לְדָוִד 17:1
18	To the Chief Musician. To <i>the</i> Servant of Yahweh. <i>Ascribed</i> to David, Which he spoke to Yahweh the words of <b>this song</b> on the day that Yahweh delivered him from the hand of all his enemies and from the hand of Saul. And he said:	18:1
	לְמִנְצַח   לְעַבְדֵי יְהוָה לְדָוִד אֲשֶׁר דִּבֶּר   לִיהוָה אֶת־דְּבָרֵי הַשִּׁירָה הַזֹּאת בְּיוֹם הַצִּיל־יְהוָה אוֹתוֹ מִכַּף כָּל־אֹיְבָיו וּמִיַּד שָׁאוּל: 2 וַיֹּאמֶר	
19	To the Chief Musician. A Psalm of David.	לְמִנְצַח מְזֻמֹּר לְדָוִד: 19:1
20	To the Chief Musician. A Psalm of David.	לְמִנְצַח מְזֻמֹּר לְדָוִד: 20:1
21	To the Chief Musician. A Psalm of David.	לְמִנְצַח מְזֻמֹּר לְדָוִד: 21:1
22	To the Chief Musician. To <i>the</i> tune Aijeleth Hashahar. A Psalm of David.	לְמִנְצַח עַל־אֵילַת הַשָּׁחַר מְזֻמֹּר לְדָוִד: 22:1
23	A Psalm of David.	מְזֻמֹּר לְדָוִד 23:1

24	<i>Ascribed to David. A Psalm.</i>	לְדָוִד מְזֻמָּר	24:1
25	<i>Ascribed to David.</i>	לְדָוִד	25:1
26	<i>Ascribed to David.</i>	לְדָוִד	26:1
27	<i>Ascribed to David.</i>	לְדָוִד	27:1
28	<i>Ascribed to David.</i>	לְדָוִד	28:1
29	<i>A Psalm of David.</i>	מְזֻמָּר לְדָוִד	29:1
30	<i>A Psalm. A Song at the Dedication of the Temple. Ascribed to David.</i>	מְזֻמָּר שִׁיר־חֲנֻכַּת הַבַּיִת לְדָוִד:	30:1
31	<i>To the Chief Musician. A Psalm of David.</i>	לְמַנְצֵחַ מְזֻמָּר לְדָוִד:	31:1
32	<i>Ascribed to David. A Maschil.</i>	לְדָוִד מְשָׁכִיל	32:1
33	—		
34	<i>Ascribed to David when he pretended madness before Abimelech, who drove him away and he departed.</i>	לְדָוִד בְּשָׁנוֹתָו אֶת־טָעַמוּ לִפְנֵי אַבִּימֶלֶךְ וַיִּגְרָשׁוּהוּ וַיֵּלֶךְ:	34:1
35	<i>Ascribed to David.</i>	לְדָוִד	35:1
36	<i>To the Chief Musician. Ascribed to the servant of Yahweh, Ascribed to David.</i>	לְמַנְצֵחַ ׀ לְעַבְד־יְהוָה לְדָוִד:	36:1

37	<i>Ascribed to David.</i>	לְדָוִד	37:1
38	A Psalm of David. To bring remembrance.	מִזְמוֹר לְדָוִד לְהִזְכִּיר:	38:1
39	To the Chief Musician. To Jeduthun. A Psalm of David.	לְמִנְצַח לַיְדִיתוֹן מִזְמוֹר לְדָוִד:	39:1
40	To the Chief Musician. <i>Ascribed to David.</i> A Psalm.	לְמִנְצַח לְדָוִד מִזְמוֹר:	40:1
41	To the Chief Musician. A Psalm of David.	לְמִנְצַח מִזְמוֹר לְדָוִד:	41:1
42	To the Chief Musician. A Maschil of the Sons of Korah.	לְמִנְצַח מְשָׁכִיל לְבְנֵי־קָרַח:	42:1
43	—		
44	To the Chief Musician. <i>Ascribed to the Sons of Korah.</i> A Maschil.	לְמִנְצַח לְבְנֵי־קָרַח מְשָׁכִיל:	44:1
45	To the Chief Musician. According to Shoshannim. <i>Ascribed to the Sons of Korah.</i> A Maschil. A Song of Love.	לְמִנְצַח עַל־שֹׁשַׁנִּים לְבְנֵי־קָרַח מְשָׁכִיל שִׁיר יְדִידָת:	45:1
46	To the Chief Musician. <i>Ascribed to the Sons of Korah.</i> According to Alamoth. A Song.	לְמִנְצַח לְבְנֵי־קָרַח עַל־עֲלָמוֹת שִׁיר:	46:1
47	To the Chief Musician. <i>Ascribed to the Sons of Korah.</i> A Psalm.	לְמִנְצַח   לְבְנֵי־קָרַח מִזְמוֹר:	47:1
48	A Song. A Psalm. <i>Ascribed to the Sons of Korah.</i>	שִׁיר מִזְמוֹר לְבְנֵי־קָרַח:	48:1
49	To the Chief Musician. <i>Ascribed to the Sons of Korah.</i> A Psalm.	לְמִנְצַח   לְבְנֵי־קָרַח מִזְמוֹר:	49:1

- 50 A Psalm of Asaph. מִזְמוֹר לְאַסָּף 50:1
- 51 To the Chief Musician. A Psalm of David.  
When Nathan the Prophet went to him after he had gone in to Bathsheba.  
לְמִנְצַח מִזְמוֹר לְדָוִד: 2 בָּבוֹא־אֵלָיו נָתַן הַנְּבִיא כְּאֲשֶׁר־בָּא אֶל־בֵּית־שֶׁבַע: 51:1
- 52 To the Chief Musician. A Maschil of David.  
When Doeg the Edomite went and told Saul, and said to him:  
“David has gone to the house of Ahimelech.”  
לְמִנְצַח מִשְׁכִּיל לְדָוִד: 2 בָּבוֹא 1 דּוֹעַג הָאֶדְוּמִי וַיִּגַּד לְשָׁאוּל וַיֹּאמֶר לוֹ בֹּא דָוִד אֶל־בַּיִת אַחִימֶלֶךְ: 52:1
- 53 To the Chief Musician. According to Mahalath. A Maschil of David.  
לְמִנְצַח עַל־מַחְלַת מִשְׁכִּיל לְדָוִד: 53:1
- 54 To the Chief Musician with Stringed Instruments. A Maschil of David.  
When the Ziphites went and said to to Saul:  
“Is not David hiding with us?”  
לְמִנְצַח בְּנִינֹת מִשְׁכִּיל לְדָוִד: 2 בָּבוֹא הַזִּיפִים וַיֹּאמְרוּ לְשָׁאוּל הֲלֹא דָוִד מְסֻתָּר עִמָּנוּ: 54:1
- 55 To the Chief Musician with Stringed Instruments. A Maschil of David.  
לְמִנְצַח בְּנִינֹת מִשְׁכִּיל לְדָוִד: 55:1
- 56 To the Chief Musician. To the tune Jonath Elem Rechokim.  
*Ascribed to David. A Michtam.* When the Philistines captured him in Gath.  
לְמִנְצַח 1 עַל־יוֹנָת אֵלֶם רְחֻקִים לְדָוִד מִכְתָּם בָּאָחוּ אֹתוֹ פִּלְשְׁתִּים בְּגַת: 56:1
- 57 To the Chief Musician. Do not Destroy.  
*Ascribed to David. A Michtam.* When he fled from Saul into the cave.  
לְמִנְצַח אַל־תִּשְׁחַת לְדָוִד מִכְתָּם בְּבָרְחוֹ מִפְּנֵי־שָׁאוּל בַּמְעָרָה: 57:1
- 58 To the Chief Musician. Do not Destroy. *Ascribed to David. A Michtam.*  
לְמִנְצַח אַל־תִּשְׁחַת לְדָוִד מִכְתָּם: 58:1
- 59 To the Chief Musician. Do not Destroy. *Ascribed to David. A Michtam.*  
When Saul sent men, and they watched the house in order to kill him.  
לְמִנְצַח אַל־תִּשְׁחַת לְדָוִד מִכְתָּם בְּשִׁלַּח שָׁאוּל וַיִּשְׁמְרוּ אֶת־הַבַּיִת לְהַמִּיתוֹ: 59:1

- 60 To the Chief Musician. According to Shushan.  
**A Testimony. A Michtam of David. For Teaching.**  
 When he fought against Mesopotamia and Syria of Zobah,  
 and Joab returned and killed twelve thousand Edomites in the Valley of Salt  
 60:1 לְמִנְצַח עַל־שׁוֹשֵׁן עֲדוֹת מִכְתָּם לְדָוִד לְלַמֵּד: 2 בְּהַצֹּתוֹ אֶת  
 אֲרָם נַחְרִים וְאֶת־אֲרָם צֹבָה וַיָּשָׁב יוֹאָב וַיַּךְ אֶת־אֲדָוִם בְּגִיא־מֶלֶח  
 שָׁנַיִם עָשָׂר אֲלֶף:
- 61 To the Chief Musician. Upon a Stringed Instrument. *Ascribed to David.*  
 61:1 לְמִנְצַח | עַל־נְגִינָת לְדָוִד:
- 62 To the Chief Musician. According to Jeduthan. **A Psalm of David.**  
 62:1 לְמִנְצַח עַל־יְדוּתָוִן מְזֻמֹּר לְדָוִד:
- 63 **A Psalm of David.** When he was in the wilderness of Judah.  
 63:1 מְזֻמֹּר לְדָוִד בְּהִיטּוֹ בְּמִדְבַּר יְהוּדָה:
- 64 To the Chief Musician. **A Psalm of David.**  
 64:1 לְמִנְצַח מְזֻמֹּר לְדָוִד:
- 65 To the Chief Musician. **A Psalm of David. A Song.**  
 65:1 לְמִנְצַח מְזֻמֹּר לְדָוִד שִׁיר:
- 66 To the Chief Musician. **A Song. A Psalm.**  
 66:1 לְמִנְצַח שִׁיר מְזֻמֹּר
- 67 To the Chief Musician with a Stringed Instrument. **A Psalm. A Song.**  
 67:1 לְמִנְצַח בְּנְגִינָת מְזֻמֹּר שִׁיר:
- 68 To the Chief Musician. *Ascribed to David.* **A Psalm. A Song.**  
 68:1 לְמִנְצַח לְדָוִד מְזֻמֹּר שִׁיר:
- 69 To the Chief Musician. According to Shoshannim. *Ascribed to David.*  
 69:1 לְמִנְצַח עַל־שׁוֹשָׁנִים לְדָוִד:
- 70 To the Chief Musician. *Ascribed to David.* **To bring remembrance.**  
 70:1 לְמִנְצַח לְדָוִד לְהִזְכִּיר:
- 71 —

72	<i>Ascribed to Solomon.</i>	לְשִׁלְמֹה	72:1
73	A Psalm of Asaph.	מִזְמוֹר לְאַסָּף	73:1
74	A Maschil of Asaph.	מִשְׁכִּיל לְאַסָּף	74:1
75	To the Chief Musician. Do not Destroy. A Psalm of Asaph. A Song.	לְמִנְצַח אֶל־תִּשְׁחַת מִזְמוֹר לְאַסָּף שִׁיר:	75:1
76	To the Chief Musician with a Stringed Instrument. A Psalm of Asaph. A Song.	לְמִנְצַח בְּנִינִת מִזְמוֹר לְאַסָּף שִׁיר:	76:1
77	To the Chief Musician. According to Jeduthun. <i>Ascribed to Asaph. A Psalm.</i>	לְמִנְצַח עַל־יְדִיתוֹן לְאַסָּף מִזְמוֹר:	77:1
78	A Maschil of Asaph.	מִשְׁכִּיל לְאַסָּף	78:1
79	A Psalm of Asaph.	מִזְמוֹר לְאַסָּף	79:1
80	To the Chief Musician. According to Shoshannim. A Testimony of Asaph. A Psalm.	לְמִנְצַח אֶל־שֹׁשָׁנִים עֵדוּת לְאַסָּף מִזְמוֹר:	80:1
81	To the Chief Musician. <i>Played</i> upon the Gittith. <i>Ascribed to Asaph.</i>	לְמִנְצַח   עַל־הַגִּיטִית לְאַסָּף:	81:1
82	A Psalm of Asaph.	מִזְמוֹר לְאַסָּף	82:1
83	A Song. A Psalm of Asaph.	שִׁיר מִזְמוֹר לְאַסָּף:	83:1

84	To the Chief Musician. <i>Played</i> upon the Gittith. <i>Ascribed to the Sons of Korah. A Psalm.</i>	לְמִנְצַחַח עַל־הַגִּיטִית לְבְנֵי־קִרַח מְזֻמֹּר: 84:1
85	To the Chief Musician. <i>Ascribed to the Sons of Korah. A Psalm.</i>	לְמִנְצַחַח   לְבְנֵי־קִרַח מְזֻמֹּר: 85:1
86	A Prayer of David.	תְּפִלָּה לְדָוִד 86:1
87	<i>Ascribed to the Sons of Korah. A Psalm. A Song.</i>	לְבְנֵי־קִרַח מְזֻמֹּר שִׁיר 87:1
88	A Song. A Psalm of <i>the Sons of Korah. To the Chief Musician.</i> According to Mahalath Leannoth. A Maskil of Heman the Ezrahite.	שִׁיר מְזֻמֹּר לְבְנֵי קִרַח לְמִנְצַחַח עַל־מַחֲלַת לְעֵנֹת מִשְׁכִּיל לְהִימֵן הָאֶזְרָחִי: 88:1
89	A Maschil of Ethan the Ezrahite.	מִשְׁכִּיל לְאֵתָן הָאֶזְרָחִי: 89:1
90	A Prayer of Moses the man of God.	תְּפִלָּה לְמֹשֶׁה אִישׁ־הָאֱלֹהִים 90:1
91	—	
92	A Psalm. A Song for the Sabbath Day.	מְזֻמֹּר שִׁיר לְיוֹם הַשַּׁבָּת: 92:1
93	—	
94	—	
95	—	
96	—	
97	—	
98	A Psalm.	מְזֻמֹּר 98:1
99	—	
100	A Psalm for Thanksgiving.	מְזֻמֹּר לְתוֹדָה 100:1



101	<i>Ascribed to David. A Psalm.</i>		לְדוֹד מְזֻמָּר 101:1
102	<i>A Prayer for the afflicted when he is overwhelmed and pours out his complaint before Yahweh.</i>		
			תַּפְלָה לְעַנִּי כִי־עֲטָף וְלִפְנֵי יְהוָה יִשְׁפֹּךְ שִׁיחוֹ: 102:1
103	<i>Ascribed to David.</i>		לְדוֹד 103:1
104	—		
105	—		
106	—		
107	—		
108	<i>A Song. A Psalm of David.</i>		שִׁיר מְזֻמָּר לְדָוִד: 108:1
109	<i>To the Chief Musician. Ascribed to David. A Psalm.</i>		לְמַנְצֵחַ לְדָוִד מְזֻמָּר 109:1
110	<i>Ascribed to David. A Psalm.</i>		לְדוֹד מְזֻמָּר 110:1
111	—		
112	—		
113	—		
114	—		
115	—		
116	—		
117	—		
118	—		
119	—		
120	<i>A Song of the Ascents.</i>		שִׁיר הַמַּעֲלֹת 120:1
121	<i>A Song of the Ascents.</i>		שִׁיר לַמַּעֲלֹת 121:1

122	A Song of the Ascents. <i>Ascribed to David.</i>	שִׁיר הַמַּעֲלוֹת לְדָוִד	122:1
123	A Song of the Ascents.	שִׁיר הַמַּעֲלוֹת	123:1
124	A Song of the Ascents. <i>Ascribed to David.</i>	שִׁיר הַמַּעֲלוֹת לְדָוִד	124:1
125	A Song of the Ascents.	שִׁיר הַמַּעֲלוֹת	125:1
126	A Song of the Ascents.	שִׁיר הַמַּעֲלוֹת	126:1
127	A Song of the Ascents. <i>Ascribed to Solomon.</i>	שִׁיר הַמַּעֲלוֹת לְשֹׁלֹמֹה	127:1
128	A Song of the Ascents.	שִׁיר הַמַּעֲלוֹת	128:1
129	A Song of the Ascents.	שִׁיר הַמַּעֲלוֹת	129:1
130	A Song of the Ascents.	שִׁיר הַמַּעֲלוֹת	130:1
131	A Song of the Ascents. <i>Ascribed to David.</i>	שִׁיר הַמַּעֲלוֹת לְדָוִד	131:1
132	A Song of the Ascents.	שִׁיר הַמַּעֲלוֹת	132:1
133	A Song of the Ascents. <i>Ascribed to David.</i>	שִׁיר הַמַּעֲלוֹת לְדָוִד	133:1
134	A Song of the Ascents.	שִׁיר הַמַּעֲלוֹת	134:1
135	—		

136	—		
137	—		
138	<i>Ascribed to David.</i>		
		לְדָוִד	138:1
139	To the Chief Musician. <i>Ascribed to David.</i> A Psalm.		
		לְמִנְצַח לְדָוִד מְזֻמָּר	139:1
140	To the Chief Musician. A Psalm of David.		
		לְמִנְצַח מְזֻמָּר לְדָוִד:	140:1
141	A Psalm of David.		
		מְזֻמָּר לְדָוִד	141:1
142	A Maschil of David. When he was in the cave. A Prayer.		
		מִשְׁכִּיל לְדָוִד בְּהִיּוֹתוֹ בַּמְעָרָה תְּפִלָּה:	142:1
143	A Psalm of David.		
		מְזֻמָּר לְדָוִד	143:1
144	<i>Ascribed to David.</i>		
		לְדָוִד	144:1
145	A Praise of David.		
		תְּהִלָּה לְדָוִד	145:1
146	—		
147	—		
148	—		
149	—		
150	—		

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## Lessons from the Psalm Inscriptions

### CATEGORIES OF TITLES

#### Color Highlight Key

- I. DESIGNATION: Those titles using the Hebrew preposition לְ. They can denote the author(s) of the psalm, the recipient(s) of the psalm, to whom the psalm is dedicated, or possibly whom the psalm is about.
- II. DESCRIPTION: Titles that state the type of poetic genre or musical composition.  
[psalm, maschil, song, praise, prayer, testimony, michtam]
- III. EXPLANATION: Titles that provide a historical connection for the psalm. They relate the circumstances surrounding the composition of the psalm.
- IV. APPLICATION: Titles that indicate the liturgical, devotional or didactic use of the psalm.  
[For the Sabbath Day, To Bring Remembrance, Of the Ascents]
- V. INTERPRETATION: Titles that explain how the psalm should be musically performed.  
[On Flutes, With Stringed Instruments]

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